

# Heaven

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Record: "Heaven" by Los Lonely Boys; Album: "Los Lonely Boys"; available online or from choreographer  
Phase: IV + 1 unphased (Dbl chasse) Quickstep/Two-Step  
Opposite footwork except where noted in parenthesis for the woman  
**Sequence:** Introduction A B B Interlude A B C A B C Ending Release: September 2005

## INTRODUCTION

**1-8** OPEN POS FCG PTR & WALL WAIT;;; ROLL 4 LOD to OP (CKING); BK, BK/LK, BK, FC;  
ROLL 4 RLOD to LOP (CKING); BK, BK/LK BK, FC;

- 1-4 In Open pos fcg ptr & wall wait;;;  
(1,2,3,4) 5-6 Roll LOD LF (W RF) L,R,L,R to OP LOD with cking action; Bk L RLOD, bk R / XLIF of R, bk R, bk L  
(1,2&,3,4) to fc ptr & wall;  
(1,2,3,4) 7-8 Roll RLOD RF (W LF) R,L,R,L to OP LOD with cking action; Bk R RLOD, bk L / XRIF of L, bk L, bk R to  
(1,2&,3,4) fc ptr & wall;

**9-12** MERENGUE BASIC; TWIST VINE 8;; TWIRL 2, WK PKUP;

- (1,2,3,4) 9-10 Sd L, cl R, sd L, cl R; Commence slight RF upper body trn Bk L, XRIB of L, commence slight LF upper body trn  
(1,2,3,4) Bk L, XRIF of L;  
11-12 Repeat meas 10; Commence slight RF upper body trn Bk L, XRIB of L, commence slight LF upper body trn Bk L,  
(1,2,3,4) cl R to fc CP LOD (W sd & fwd R LOD trng  $\frac{1}{2}$  RF under jnd lead hnds, sd & bk L trng  $\frac{1}{2}$  RF, wk R LOD,  
(1,2,3,4) fwd L trng  $\frac{1}{2}$  LF end CP fcng RLOD);

## PART A

**1-8** QTR TRN PROG CHASSES;; FWD LK FWD, MAN SD CL; PIV 2 (LOD), WK 2;  
QTR TRN PROG CHASSES;; FWD LK FWD, MAN SD CL; PIV 2 (SCP), WK 2;

- (1,2,3&,4) 1-2 Fwd L, fwd R trng RF, sd L trng 1/8 RF continue 1/8 RF trn cl R, sd & bk L diagonal LOD COH; bk R diagonal  
(1,2&,3,4) LOD COH start LF trn, sd L cl R, sd & slightly fwd L, fwd R to CBMP diagonal LOD wall;  
(1&,2,3&,4) 3-4 In Contra BJO fwd L XRIB of L, fwd L, fwd R to wall trng RF  $\frac{1}{2}$  fc RLOD, sd L cl R;  
(1,2,3,4) 5 Bk & sd L to wall, rotating to fc LOD fwd R, fwd L, fwd R end CP LOD;  
7-8 Repeat meas 1-2;;  
9 Repeat meas 5 rotating to SCP LOD;

## PART B

**1-4** STROLLING VINE;; BB TRN; MERENGUE BASIC;

- (1,2,3&,4) 1-2 Commence slight RF upper body trn sd L, with slight LF upper body trn XRIB of L, continue trn sd L continue  
(1,2,3&,4) trn cl R, continue trn sd L; commence slight LF upper body trn sd R, with slight RF upper body trn XLIB of R,  
continue trn sd R continue trn cl L, continue trn sd R;  
(1,2,3,4) 3 Fwd L & chk trng  $\frac{1}{4}$  RF, rec R continuing RF trn to end fcng RLOD, fwd L & chk trng  $\frac{1}{4}$  RF, rec R continuing RF  
trn to end fcng BFLY;  
(1,2,3,4) 4 Sd L, cl R, sd L, cl R;

## INTERLUDE

### **1-4 TWIRL 2, WK PKUP; OP TELEMARK IN 4; WRAP IN 4; WK 4 PKUP;**

- (1,2,3,4) 1-2 Repeat meas 12 of introduction; fwd L commencing to trn LF, sd R continuing LF trn, sd & slightly fwd L, fwd R to end in SCP (W bk R commencing to trn LF bringing L beside R with no weight, trn LF on R heel [heel turn] & chg weight to L, sd & slightly fwd R, fwd L to end in SCP);
- (1,2,3,4) 3 Fwd L, R retaining inside handhold at waist level (W fwd L rotating LF  $\frac{1}{2}$  to fc RLOD), fwd L (W bk R rotating LF  $\frac{1}{2}$  to fc LOD) resulting in wrapping the woman's left arm in front of her waist and man's right arm behind her waist, fwd R joining the free outside hands in front at chest height;
- (1,2,3,4) 4 Fwd L, fwd R, fwd L, small fwd R to fc CP LOD (W fwd L trng  $\frac{1}{2}$  LF end CP fcng RLOD);

## PART C

### **1-4 TRAV DOOR TWICE (OP);; WK 2, FWD LK FWD; WK 2, FWD LK FWD;**

- (1,2,3&4) 1-4 Rk sd L, rec R, XLIF of R sd R, XLIF of R; Rk sd R, rec L, XRIF of L sd R, XRIF of L to end OP LOD;
- (1,2,3&4) 5-6 Fwd L, R, fwd L XRIB of L, fwd L; fwd R, L, fwd R XLIB of R, fwd R;

### **5-8 WK 2, DBL CHASSE TO BJO; RUNNING FWD LKS; OP NAT IN 4; RUNNING BK LKS;**

- (1,2,3&4&) 5 Fwd L, R blending to SCP, commence slight RF upper body trn sd L cl R, sd L cl R trng slightly LF to BJO LOD;
- (1&2&, 3&4) 6 Fwd L lk RIB of L, fwd L fwd R, fwd L lk RIB of L, fwd L;
- (1,2,3,4) 7 Commence RF upper body trn fwd R heel to toe (W Commence RF upper body trn bk L), sd L across LOD (W cl R [heel turn]), continue RF upper body trn to lead ptrn to step outside bk R with R sd leading to BJO (W continue trn fwd L outside ptrn with L sd leading to BJO), bk L (fwd R);
- (1&2&, 3&4) 8 Bk R lk LIF of R, bk R bk L, bk R lk LIF of R, bk R;

### **9-13 OP IMPETUS IN 4; TRAV DOOR TWICE (SCP);; WK, CHAIR, REC, SLIP; DIP, REC, WK 2;**

- (1,2,3,4) 9 Commence RF upper body trn bk L (W Commence RF upper body trn fwd R between man's feet heel to toe pivoting  $\frac{1}{2}$  RF), cl R to L [heel turn] (W sd & fwd L continue RF trn around man brush R to L), continue RF trn fwd L (W complete trn fwd R), fwd R in SCP (W fwd L in SCP);
- (1,2,3&4) 10-11 Blend to BFLY & repeat meas 1-2 Part C ending in SCP;;
- (1,2,3,4) 12 Fwd L, chk thru R with lunge action, rec L, small step bk R toe ending in CP LOD (W swivel LF  $\frac{1}{2}$  on R & step fwd L outside man's R foot to CP LOD);
- (1,2,3,4) 13 Bk L with knee relaxed or slightly bent while other leg remains extended toe remaining on the floor, rec R, fwd L, fwd R;

## ENDING

### **1-2 OPEN TELEMARK IN 4; APT PT;**

- (1,2,3,4) 1 Repeat meas 2 Interlude;
- 2 Step apt L & pt R;